

LOCAL GUIDE & INFORMATION

Te Aratohu a te Rohe me nga Whakarongo



EMERGENCY

Ohotata

In case of an emergency please dial 111

Police : **111**

Henderson Police Station: (09) 839 0600

Ambulance: **111**

Waitakere Hospital: (09) 839 0000

Fire: **111**



DINING

Wharekai

Restaurants - Charge Back Available, Please Enquire with Reception

Icon Breakfast Restaurant

On site

The Good Home Gastro Pub

On Site

The Hangar Bar/Restaurant

104 Central Park Henderson

Blacksalt

Corner of Great North Road and Totara Ave, New Lynn

iti

421 Titirangi Road, Titirangi

Bricklane

5 Clark Street, New Lynn

Workshop

Corner of Great North Road and West Coast Road, Kelston



DINING

Wharekai

Cafes

Little Sister

91 Central Park Drive, Henderson

Open: Mon-Fri 6.30-3.00 Sat-Sun 7.30-3.30

Ph: 09 836 0860

Kings Garden Cafe

224 Universal Drive, Henderson

Open: Mon-Fri 7.00-4.00 Sat-Sun 8.00-4.00

Ph: 09 838 8124

Cafe Lincoln

151 Lincoln Road, Henderson

Open: Mon-Fri 7.00-3.00 Sat-Sun 8.00-3.00

Ph: 09 835 1689

Kreem

231 Universal Drive, Henderson

Open: Mon-Fri 6.00-4.00 Sat-Sun 7.00-4.00

Ph: 09 835 922



DINING

Wharekai

Restaurants

Chikos

7/255 Lincoln Rd, Henderson
Open: Tuesday-Sunday 12.00pm-3.00pm Reopens 5.00pm-9.00pm
Ph: 09 927 9847

Chikos Restaurant and Cafe is an exciting elegant casual dining restaurant located in West Auckland. The first of its kind; Pacific rim flavoured cuisine with New Zealand's finest and freshest produce complimented by friendly service in a warm inviting atmosphere.

Genghis Khan

199B Lincoln Road, Henderson
Open: Sun-Tues 12.00pm- 3.30pm Reopens 5.00pm-9.00pm
Ph: 09 837 1811

A Mongolian restaurant which offers a unique dining experience where the chefs will prepare your food on a hotplate in front of you.

La Porchetta

199A Lincoln Road, Henderson
Open: Sun-Thurs 11.00am-9.00pm, Fri-Sat 11.00am-9.00pm
Ph: 09 838 7370

An Italian family style restaurant perfect to take the kids to. It offers dishes from pasta, pizza to steak and salads.

Chapati

56 Lincoln Road, Henderson
Open: Mon-Sun 12.00pm-2.30pm Reopens 5.00pm-10.00pm
Ph: 09 836 0218

An Indian restaurant with great dine in facilities and also available for takeaways.



DINING

Wharekai

Supermarkets

Pak n Save

Lincoln North Shopping Centre, Lincoln Road, Henderson
Open: Mon-Sun 8.00am-10.00pm
Ph: 09 837 1830

Countdown

185-187 Universal Drive, Henderson
Open: Mon-Sun 7.00am-10.00pm
Ph: 09 835 3985

Fast Food Available on Lincoln Road

Mc Donalds



Burger King



Subway



KFC



Burgerfuel



Pizza Hut



Pita Pit



Texas Chicken



Carls Jnr



Sals Pizza



Uber Eats

The above mentioned takeaways are all available for order on the Uber Eats app downloadable on your phone.

The hotel is in range of a number of restaurants and cafes that also deliver via Uber Eats.



TRAVEL

Hāereere

Public Transport

Bus

There is a number of bus stops located near the hotel on Lincoln Road that can take you around west auckalnd or to the City. To plan your journey visit at.govt.nz. Buses accept cash and at hop cards.

Train

The train station is located behind Henderson mall on Railside Ave. This can take you through to Swanson or back to the City. To plan your journey visit at.govt.nz.

Train tickets are available to purchase from kiosks at the station with cash or credit/debit cards.

Private Transport

Hirepool Vehicle Rentals Henderson

166A Central Park Drive, Henderson

Open: Mon-Sat 7.30am-5.00pm

www.hirepool.co.nz

James Blond

4004 Great Noth Rd, Glen Eden

Open: Mon-Sun 8.00am-5.00pm

www.jamesblondltd.co.nz

Taxi

Blue Bubble Taxi

Ph: 09 300 3000

Driving Miss Daisy

Ph: 0800 948 432



HEALTH & BEAUTY

Hauora Tinana

Healthcare

White Cross (Accident and Emergency)

131 Lincoln Road Henderson
Ph: 09 836 3336

Lincoln Mall Chemist

A3/192 Universal Drive, Henderson
Ph: 09 838 8576

Waitakere Hospital

55-75 Lincoln Road, Henderson
Ph: 09 839 0000

Countdown Chemist

185-187 Lincoln Rd, Henderson
Ph: 09 835 3432

Unichem Chemist

131 Lincoln Road, Henderson
Ph: 09 838 8404

Gyms

The Trust Stadium Gym

65-67 Central Park Drive, Henderson
Guests of the hotel are invited to use the trusts gym for free. Please inquire with reception for your free pass.

Snap Fitness

192-198 Universtal Drive, Henderson
Ph: 09 837 3329

Jetts Fitness

111 Lincoln Road, Henderson
Ph: 09 213 7467

Results Fitness for Women

199B Lincoln Rd Henderson
Ph: 09 836 9099

Massage

West Auckland Massage Clinic

21 Lincoln Rd, Henderson
Ph: 022 300 2503

The Body Temple

139 Edmonton Rd, Te Atatu
Ph: 09 838 7179

Thong Thai Massage

2/254 Lincoln Road
Ph: 09 836 5355



HEALTH & BEAUTY

Hauora Tinana

Hairdressers

Vivo

Shop a7/301 Lincoln Road, Henderson

Ph: 09 837 6228

Headspace Hair Design

2b/192 Universal Drive, Henderson

Ph: 09 835 4477

Westside Barbers

52-54 Lincoln Rd, Henderson

Ph: 09 838 8811

Tegan & Beau

5/91-93 Central Park Drive, Henderson

Ph: 09 837 4357

Beauty

The Body Temple

139 Edmonton Rd, Te Atatu

Ph: 09 838 7179

Claire Allen Hair & Makeup

Massey, Auckland

Ph: 0274436854

Margaret J Makeup

82 Hobsonville Rd, West Harbour

Ph: 021 260 3943



FREE ACTIVITIES

Swimming

Guests of the hotel are invited to use West Wave Aquatic Centres swimming facilities for free. Please inquire with reception for your free pass.

Beaches

Muriwai

Located 30 minutes drive from the hotel, Muriwai is one of the popular west coast beaches with a playground for the kids, a busy swimming spot and surf beach. There is also horse riding, off roading, fishing and a large gannet colony with a walking track to observe.

Piha

Piha is another popular west coast beach located 35 minutes from the hotel. There are many walks surrounding Piha including a climb up Lion Rock, or an easy walking track to the beautiful Kitekite falls. Another great surfing spot, some people swim at Piha but is advised for competent swimmers only.

Bethells

Bethells Beach is located 35 minutes from the hotel and is another favourite for locals. There is a cave located at the end of the beach and many people take their kids along to swim and boogie board in the waves. On Friday nights the cafe is open late with live music creating a relaxed family atmosphere. Bethells Lake is right next to the beach and is another popular swimming spot among families.



FREE ACTIVITIES

Bush Walks

The Cascades Falls

Located a 20 minute drive from the hotel, there are multiple walks available around the Cascades, to do the full walk will take roughly 3 Hours to complete, alternatively walking to the falls is roughly one hour.

Fairy Falls

Fairy falls is located a 20 minute drive from the hotel and will take roughly 30 minutes to reach the falls from the carpark. There are a set of steep stairs at the end of the track but a great area at the base of the falls for the kids to play and enjoy the water. You can then either return back up the way you came or continue on for a further 45 minutes to complete the walking track.

Goldies Bush

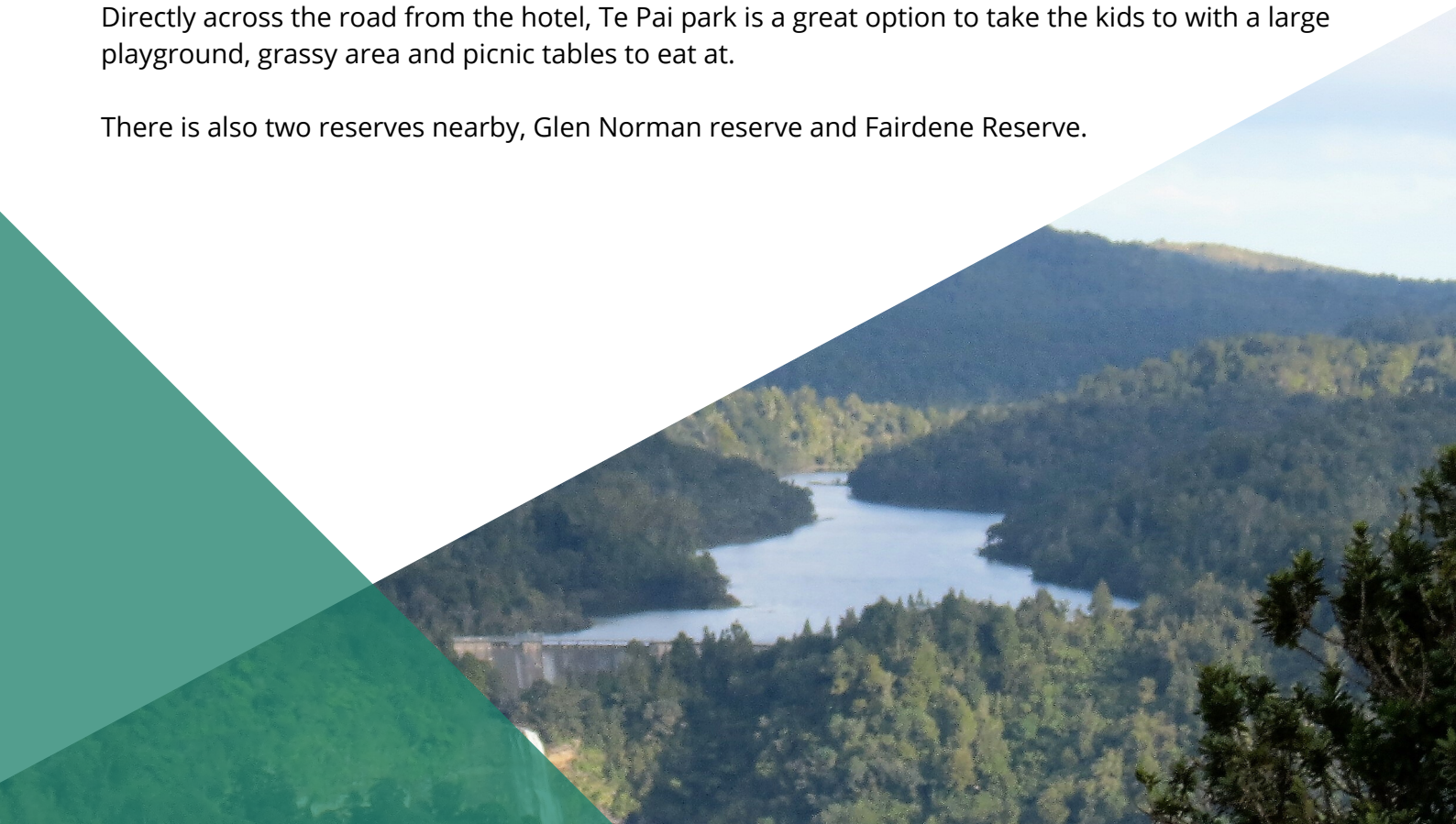
A 30 minute drive from the hotel, goldies bush is another popular walk for locals and visitors alike. The full walk will take roughly 3-4 hours to complete and is one way but can be made to a loop track if you take the Mokoroa Stream Track up to Mokoroa Falls.

Parks/Reserves

Te Pai Park

Directly across the road from the hotel, Te Pai park is a great option to take the kids to with a large playground, grassy area and picnic tables to eat at.

There is also two reserves nearby, Glen Norman reserve and Fairdene Reserve.



FREE ACTIVITIES

Markets

Henderson Night Market

5 Vitasovich Ave. Located in the car park underneath the Henderson Mega Centre. Open Thursday nights from 5.30pm-11pm.

Te Atatu Night Market

595 Te Atatu Road, Te Atatu Peninsula. Open on a Friday from 5pm-9pm these night markets run through the spring and summer months. If you are unsure if they are on you can check the Event Finda website for full information on upcoming markets.

Titirangi Village Market

500 South Titirangi Road. This Arts and Crafts market is on the last Sunday of every month except January. They have 140 stalls so there really is something for everyone.

Coatesville Market

The Coatesville market is on the first Sunday of every month at the coatesville settlers hall, 2 Mahoenui Valley Road. This is a very popular event among locals with all sorts of food stalls, arts and crafts stalls and starts from 9am. You can bring the kids and even your dogs but it is a strictly cash only market.

Movies in Parks

There are a number of parks which hold free outdoor movie nights accross auckland. Visit www.moviesinparks.co.nz for more information.

Malls

The closest mall to the hotel is Henderson Mall at 7 Catherine Street, Henderson. There is also Westgate Shopping Centre and Northwest Mall a short drive on the motorway.



ACTIVITIES

Movies & Bowling

Event Cinemas

Located in Henderson Mall and also at Westgate Shopping Centre. Movie tickets cost \$10 for an adult and \$9.50 for children, seniors and students.

Reading Cinemas

Located in New Lynn, Reading Cinemas have the latest movie screenings with tickets from \$11.

Tenpin

PINS Tenpin Bowling is located at 199 Lincoln Road, a short 6 minute walk from the hotel. Prices start from \$13 for adults and \$11 for children. Family passes are also Available.

Family Activities

Chipmunks

Located at 93 Central Park drive and a 10 minute walk from the hotel. Open 9.30am-5pm Monday-Sunday. Prices start from \$9.

Whoa Studios

Whoa Studios is great for a fun family day out, with a large playground, inflatable attractions during the summer months, puppet shows and a cafe/restaurant on site. Open Monday-Tuesday 9am-4pm and Wednesday-Sunday 9am-6pm. Prices start from \$10.
8 Henderson Valley Road.

Kiwi Valley Farm

308 Henderson Valley Road. Open 10am-4pm, 7 days a week. Another great option for a family day out. With plenty of farm animals to see, feed and pet, a playground and cafe.

Crystal Mountain

Located at 80 Candia Road. Crystal Mountain has lots to offer, entry to their crystal mine museum along with their retail store. They have an animal park and rides as well as a cafe.



ACTIVITIES

Adventure Activities

Horse Riding

There are a number of places to visit if you are interested in horse riding however Muriwai offer beach treks on horses starting from \$75 which is the best option for a one off experience. Kiwi Valley farm also offer pony and horse rides for children.

Surfing

Most West Coast beaches offer great places to surf, if you are however looking to learn we would suggest contacting Muriwai Surf School or Piha Surf School. Muriwai offer a range of lessons starting from \$70. Piha also offer a range of lessons from groups to one on one starting from \$80.

Woodhill Mountain Biking

Located in Woodhill forest, the mountain bike park offers bike hire with access to their tracks. Prices start from \$35.

Woodhill Tree Adventures

A ropes course in woodhill forest offering different courses for all levels. Prices start from \$20 and is available for ages 5 upwards.

Rock Climbing

There is an indoor rock climbing gym in Glen Eden where you can learn to climb or there are more advanced walls for those who are already familiar with rock climbing. Extreme Edge is located at 5 Waikaukau Road and is open Monday-Friday 10am-10pm and Saturday-Sunday 9am-9pm. Prices start from \$10 for children and \$17 for adults, they also offer full gear hire at an additional price.



ACTIVITIES

Wineries & Tours

Auckland Fine Food and Wine Tours

There are two tours that include west auckland wineries, Coast and Country Full Day priced at \$259. It includes 4 Wineries, vineyard restaurant lunch, Cheese board, West Coast and Muriwai Black Sand Beach. The Coast and Country half day is \$199 and offers 3 wineries, cafe lunch and west coast/muriwai black sand beach.

Aucklands Original Wine Tasting Tours

Another tour business which offers two west coast wine tours. The Day tour starts from 9.30am and goes till 4pm. The price is \$265pp and includes tastings at 4 wineries, tasman sea sighting and an open menu main course lunch at an award wining winery restaurant.

The half day option can be in either the morning or afternoon and is \$135pp. Includes tastings at 2 wineries, tasman sea sighting for the morning option. The afternoon option is the same price and includes tastings at 3 wineries.

Awa Valley Vineyard

Located at 74 Awa Road, Kumeu. They have free tastings, group options, picnics and woodfired/gas BBQ and vineyard tours by appointment. Open Monday-Sunday by arrangement.

Coopers Creek

Located at 601 State Highway 16 Huapai. Monday-Friday 9.30-5.30pm. Weekends 10.30-5.30pm. They offer free tastings, group bookings, wood fired BBQs, Petanque, Outdoor Chess and a childrens playground.

Kerr Farm Vineyard

Located at 48 Dysart Lane. Open Saturday and Sunday 11am-6pm. Offer free tasting of Sauvignon Blanc Chardonnay, Pinotage and Cabernet Sauvignon.

Soljans Estate Winery

Located at 366 State Highway 16, Kumeu. The Cellar Door is open 7 days, 9am-5pm. Offers a cafe/restaurant on site, outdoor play area for children, also private functions and weddings.

